



## CPAA Council Meeting Summary: December 13, 2018

---

### **I. Welcome and Introductions**

The December 13, 2018, Cascade Pacific Action Alliance (CPAA) Council meeting was held in Rochester, Washington, with more than 40 people in attendance. Program Director Jennifer Brackeen invited the council members and guests to introduce themselves, and then provided an overview of the meeting's proposed agenda items.

### **II. Review Board Meeting Agenda**

Jennifer Brackeen reviewed the board meeting outcomes for December. At today's board meeting, the board will welcome Jean Clark, the new CEO for CHOICE and CPAA, review organizational highlights, receive a tribal relations update, decide the council/board meeting structure and frequency, and discuss the idea of an ACH association.

### **III. Announcements & Organizational Highlights**

CHOICE welcomed Jean Clark, the new CEO of CHOICE/CPAA. Jean Clark began her career as a registered nurse before transitioning to administration. She has extensive experience working with health systems and is eager to get started here at CHOICE.

Christina Mitchell shared that CHOICE is looking to fill two positions, Community & Engagement Coordinator and Pathways Referral Coordinator. She requested that Board members spread the word to anyone who might be interested in applying.

A Local Forum RFP was released 11/27, and a webinar will be hosted on 12/14 from 11-12pm to answer any questions that partners might have about the application process. The call-in information can be found on our CPAA website.

CPAA is planning on hosting partner events in the upcoming year. In January, there will be a data webinar discussing pay for reporting and metrics. In February, CPAA is planning to host a networking event for all of our partners. In March, CPAA is also looking to host a Quality Improvement Conference. There will be a guest speaker, introduction of tools, and process improvement discussions. More details will be released on these upcoming events.

Christina shared that there has been a lot of interest in the Integrated Care for Kids Model (InCK) in our region. Health Care Authority issued an RFA seeking a partner to pursue a potential new care delivery model for children. CMS is soliciting 8 partners to implement this model of care, and each agreement is up to \$16 million total for a 7-year period.

Christina also announced the partners selected for the OURR Alliance Grant. They are Family Education and Support Services (FESS), Willapa Behavioral Health (WBH), and Northwest Resources II (NWR). Our partners are focusing on young adult employment response to the opioid epidemic, localizing recovery support by increasing peer recovery counselors in our region, and expanding workforce services for parents and families



affected by the opioid crisis.

In addition to the three focus areas, CPAA is also partnering with the Washington Recover Help Line and expanding services targeted to our region to include researching locations of MAT providers, in-patient services, harm reduction resources, and other services specific to those affected by opioids. CPAA is also collaborating with DSHS and the Peer Workforce Alliance to host two Peer Recovery Counselor Trainings in our region focusing on a May and September timeframe, and CPAA will also host workforce trainings for supervisors and co-workers working with people affected by opioids. CPAA is close to finalizing who our partner will be conducting those trainings. We want to focusing on taking a harm reduction approach while reducing stigma for those going through recovery. For more information on OURL Alliance, please contact Sara Rainer at [RainerS@crhn.org](mailto:RainerS@crhn.org)

#### **IV. Contracts & Funding Update**

Samantha Tatum, Operations Director, announced that CPAA has received 40 out of 44 completed contracts and 7 Tribal Partner MOUs as of December 13, 2018. Samantha also reviewed the funding breakdown for Year 1 Fund Allocation, found [here](#).

The December Finance Committee is working together to develop a methodology for capacity development funds for the Year 1 fund allocation. They also discussed how to divvy out the funding for capacity development and Domain 1 funds. They have met with OHSU to start prioritizing those funds and they created a good starting framework. The next Finance Committee meeting is scheduled for early January.

#### **V. Tribal Relations Update**

Rene Hilderbrand shared that a Tribal Health Director's meeting was held on 12/10. The Directors will continue to meet monthly for a phone conference, and quarterly in person. There are 6 out of 7 tribes with CPAA MOUs in place, with Quinault pending. Quinault have an extensive review process so they are currently reviewing the MOU. Also, all tribes are in the process of finalizing their change plans. There are 5 tribes participating in Bi-Directional work, and 2 focusing on Opioid Response. Currently, tribes are waiting to review their reporting document and payment information so they can utilize their funding moving forward.

#### **VI. Frequency of Council and Board Meetings**

In an effort to facilitate more effective, efficient meetings, CPAA staff proposed more time between meetings to strategically develop content. In response, the CPAA Council expressed concern that, with limited meetings, addressing the social determinants of health will not be its own venue.

CPAA sent out four questions via Survey Monkey for CPAA Council members to respond to regarding this issue. The results can be found in the Council PowerPoint, [here](#).



Due to the results, the new proposal discussed by the Council is to move council and board meetings to every other month starting in February, with space on every agenda for Social Determinants of Health. The Council voted and approved the motion to move this proposal to the Board for a decision.

Jean Clark, CEO of CHOICE and CPAA, took an opportunity to discuss the lower attendance numbers with Council members. She requested that each Council member reach out to 1 person to bring them to the next Council meeting and try to get them to reengage.

## **VII. ACH Association**

Jean discussed the idea of creating an ACH Association with the Council. It is a very early idea that has been a discussion amongst ACH Directors. Jean got to meet them in person, and they were very collaborative, focused on improving health in all communities, and were willing to share best practices trying to move forward strategically.

The Council discussed the pros and cons to the idea of creating an ACH:

Benefits:

- Potential sustainability of ACHs after MTP work
- Benefits are valid but can be done without Association
- What does Health Care Authority say about this idea?
- There can be shared contracting without an association

Cons:

- Lacking any value added, because the ACHs can do benefits now
- No compelling evidence of benefits
- Could lose smaller voices by becoming an association
- Moving money away from other potential benefits
- Funding
- Association of associations – hard to get anything done
- Discourse amongst ACHs to become one voice
- Creating regulations and bylaws

The Council is equally divided between not having enough information to make a decision, not wanting to move forward with the idea, and still pushing forward with the pros of an ACH Association without creating an official one. The Board will continue discussion around this idea during their Board meeting.

## **VIII. Shared Learning: Addressing Food Insecurities**

CPAA hosted guest speakers; Liz Cattin, Network Director at PeaceHealth, Melissa Taylor, Director of Program Development at Lower Columbia CAP, and Robert Coit, Executive Director at Thurston County Food Bank.



CPAA shared data from OSPI on the National School Lunch Program for kids on the Free and Reduced Lunch Program, and data highlighting different food data points for the 7 counties in our region. Each panel member then discussed what their organizations are doing to address food access for community members and how we can increase community awareness.

After the panel, the speakers were each asked to join a table for group discussion.

1. What can organizations or CPAA do to address the gaps in food insecurity across the region?
  - Bridge communication gaps between clinical and community based organizations
  - SNAP referrals
  - Communication/sharing between resources of organizations
  - Engage in schools- identify children in need
  - Reduce stigma, increase access, reduce barriers
  
2. What programs, projects, or systems are in place that could expand to address these gaps?
  - Screening for food insecurity built into change plans and are providing a box of food
  - Referring to organizations that help with food insecurity
  - Encourage more nutritional risk or food insecurity screening
  - Offer snap applications to patients, or educate patients on organizations that offer food assistance
  - Support food distribution networks such as community garden programs, etc.
  
3. What partnership opportunities could occur to address some of the gaps?
  - Change plans
  - Connecting kids and seniors with resources
  - Pilot ideas with partners?
  - Clinical and CBO partnerships?
  - Billable wellness checks covered by Medicaid

## **IX. Celebrate CPAA 2018 Accomplishments**

Christina Mitchell took a moment to review all the work CPAA and partners have accomplished together in 2018. Attending monthly workgroups, dedicated time to working on different committees such as the finance, clinical, or consumer committees, participating in shared learnings, and more organizational highlights, found [here](#).

Jennifer Brackeen, Christina Mitchell, and Samantha Tatum proposed a toast to celebrate how far everyone has come on this journey. CPAA are a group of 25 staff, and we could not do the work without our partners.

## **X. Next Steps:**

- Next Council Meeting:
  - Date: Thursday, February 14<sup>th</sup>, 2018, 12:00pm - 3:00pm



- Location: Mason County, Public Works Building
- CPAA will provide a shared learning during legislative session per request of the Council