



## Maternal and Child Health (ACEs) Workgroup

### Meeting Summary, October 30<sup>th</sup>, 2018

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**Support and Backbone Staff:** Caroline Sedano – *CHOICE*, Madi Tanbara – *CHOICE*, Abby Schroff – *CHOICE*

**In Attendance:** Jennifer Brackeen – *CHOICE*, Kyle Roesler – *CHOICE*, Rene' Hilderbrand – *CHOICE*, Lisa Humes-Schulz – *Planned Parenthood*, Elizabeth Custis – *Mason County Public Health*, Karla Cain – *ANSWERS Counseling*, Jennifer Helseth – *DCYF*, Helen Bellanca – *HealthShare Oregon*, Reiley Reed – *University of California San Francisco*, Mitzi Hemp – *SeaMar*, David Stipe – *Qualis Health*, Phyllis Cavens, M.D. – *Child and Adolescent Clinic*, Julie Nye – *Child and Adolescent Clinic*, Gary Burris – *Child Care Action Council*

#### I. Welcome, Introductions, CPAA Updates

Caroline welcomed the group, facilitated introductions, and reviewed meeting objectives:

- One Key Question Presentation: Helen Bellanca
- Contraceptive Counseling Patient Experience Tool: Reiley Reed
- Next Steps & Closing

#### CPAA updates:

- CPAA to return reviewed Change Plan Drafts w/feedback by the end of this week (Nov. 1<sup>st</sup>).
- Incorporate CPAA feedback and submit to [reporting@cpaawa.org](mailto:reporting@cpaawa.org) no later than the end of the business day on Thursday, Nov. 15<sup>th</sup>.
- Make sure partners include full first & last names of contacts, project leads, etc.
- If your organization is working at multiple sites, clarify site-specific activities.

#### II. One Key Question Presentation: Helen Bellanca

Guest presenter Helen Bellanca, family physician and medical director at HealthShare Oregon, is a co-founder of One Key Question (OKQ), a pregnancy intention screening. OKQ was selected as a partner activity under Project 3B (Maternal and Child Health). Helen shared information on the screening process and experiences implementing OKQ in Oregon.

[Please see attached slides for Helen's presentation.](#)

#### Q&A Discussion

- Are all providers implementing OKQ primary care providers?
  - 10 providers in the CPAA region have selected OKQ, CBOs will be doing screening & referral, as well as providing some contraceptive counseling.
- How should providers adapt OKQ for adolescent population?
  - OKQ built for adults (18+), not an appropriate question for teens.
  - OKQ modified to PATH questions for teens to consider where children fit into the context of their life: Have you considered your life plans? Do you want to have children, and if so, when? How important is it for you to prevent pregnancy until then?
  - PATH involves deeper questioning around values of contraception, as effectiveness is not necessarily the top priority (privacy, ease of use, etc.).



- Please see slide deck for the PATH questions (slide 8).
- <http://www.umt.edu/sell/cps/gbgf/imx/2018%20Presentations/Patient%20Centered%20Reproductive%20Goals%20and%20Contraceptive%20Counseling-Patty%20Cason.pdf>
- How should organizers engage men in pregnancy intentions screening?
  - Ask: Do you they want to become a parent? What contraceptive method is your partner using & how does it work?
- Follow-up needs assessment by CPAA will be conducted to determine what specific trainings MCH providers are interested in, such as OKQ or LARC.
- OKQ training would involve a webinar or in-person event, while providers interested in contraceptive use training can participate in LARC, which includes intensive clinical work.
- What about clinics already providing contraceptive services to their patients?
  - Prioritize partners under the MTP, and possibly open up opportunities to the larger CPAA region at a later time.

### III. Contraceptive Counseling Patient Experience Tool: Reiley Reed

Guest presenter Reiley Reed, MPH, from the University of California, San Francisco (UCSF), introduced current work being done to develop a Patient-Reported Outcome Performance Measure (PRO-PM) specifically for contraceptive counseling. [Please see attached slides for the presentation details.](#)

- If your organization is interested in learning more about this tool, contact Relief Reed ([reiley.reed@ucsf.edu](mailto:reiley.reed@ucsf.edu)) or Christine Dehlendorf ([christine.dehlendorf@ucsf.edu](mailto:christine.dehlendorf@ucsf.edu)).

#### Q&A Discussion

- Why aren't there any California-based clinics using this survey?
  - Similar measures are already being done in California, and PRO-PM will start rolling out soon in the area.
- How quickly to you anticipate on getting this program up and running in a health center?
  - Timeline depends on the site, Planned Parenthood sites hoping for a streamlined in-person identification, familiarity with patients to speed up the process.

### IV. Next Steps & Closing

- Next ACEs Workgroup meeting is December 4<sup>th</sup>, 2018, from 1:30-3:00 pm at Fairfield Inn & Suites, 6223 197<sup>th</sup> Way Southwest, Rochester, WA 98579.
- Submit any requests for workgroup topics or collaborations to Caroline Sedano ([sedanoc@crhn.org](mailto:sedanoc@crhn.org)).