

# Oral Health Connections: Improving the health of pregnant women and patients with diabetes

## Free 2-Hour CDE and Dinner

**When:** Wednesday, November 14, 2018

**Where:** Indian Summer Country Club  
5900 Troon Ln SE, Olympia, WA 98501

**What Time:** 5:30 pm to 8 pm (dinner included)

**Who:** The 2-hour CDE course is free and available to all dentists, hygienists, and dental assistants practicing in Thurston and Mason counties. Dentists *must* attend the training in order for team members to participate.



To register for the course, call the Thurston-Mason Dental Society at 360.956.0828 or e-mail [tmcdentalsociety@gmail.com](mailto:tmcdentalsociety@gmail.com)

**\*\*\*First 5 Dentists to register will receive a \$100 gift certificate to provide lunch for their office\*\*\***

## Why focus on pregnant women and patients with diabetes?

Oral health is essential to overall health. Poor oral health—specifically periodontal disease—can contribute to diabetes complications and has been associated with adverse birth outcomes in newborns. Improved oral health will help patients manage their diabetes and contribute to a healthy pregnancy.

The course highlights evidence-based guidelines for delivering dental care to pregnant women and people with diabetes, including specific circumstances and considerations related to these two conditions.

At the end of the course participants will:

- > Understand the relationship between oral health and pregnancy, and oral health and diabetes; and how one impacts the other
- > Understand how to deliver safe and effective dental treatment for pregnant women and people with diabetes
- > Have increased comfort and knowledge in providing a spectrum of dental services proven to improve the health of pregnant women and people with diabetes
- > Be certified and eligible to receive enhanced fees starting January 1, 2019

## What is Oral Health Connections?

Oral Health Connections connects Apple Health (Medicaid) insured pregnant women and patients with diabetes with dental care in their community. The model is based on the successful Access to Baby and Child Dentistry (ABCD) program. For more information, please visit Oral Health Connections. Dentists participating in Oral Health Connections will receive enhanced fees.

## Presenters



**Beatrice Gandara, DDS, MSD** attended the University of Southern California, School of Dentistry in Los Angeles. She completed her general practice residency at the Veteran's Administration Hospital in La Jolla, California and was a staff dentist at the Edward Royal Comprehensive Health Center in Los Angeles for two years following her residency. In 1982, she entered the Oral Medicine specialty program at the University of Washington, School of Dentistry, earning her MSD degree in the field of Oral Medicine in 1985. She also participated in the Dental Education and Care of the Disabled (DECOD) program in 1985.



**Melissa Sanchez, CIC** began her professional liability insurance career as a medical malpractice claims representative, working with hospitals, medical professionals, and defense attorneys. She then went to work for a prominent Pacific Northwest medical and dental malpractice carrier for 17 years as a senior marketing representative. Currently, Melissa is the manager for Northwest Dentists Insurance Company, providing professional liability insurance and risk management services to dentists in the Northwest.



**Nicole Woodruff, MSN, BC-ARNP, CDE** is a project consultant with Arcora Foundation with a focus on improving the oral health of pregnant women and people with diabetes. She is a board certified family nurse practitioner and certified diabetes educator. She currently practices at Northwest Endocrinology, where she enjoys seeing a variety of patients, the majority of whom have diabetes. Nicole received her Master's degree of Science in Nursing from Seattle University in 2004.

For more information, contact Caroline Sedano at CHOICE Regional Health Network, [SedanoC@crhn.org](mailto:SedanoC@crhn.org), 360-539-7576 ext. 128.

*This program is generously sponsored by Thurston-Mason Counties Dental Society, Thurston County Local Impact Network\*, CHOICE Regional Health Network, University of Washington School of Dentistry, and Arcora Foundation.*



*\*Thurston County Local Impact Network (LIN) links together community partners who blend resources to improve oral health for those in the community who need it most. LINs focus on addressing factors that influence oral health including disease prevention, access to dental care, and healthy behaviors. The goal is to make measurable progress toward reducing oral health disparities in three to five years by creating a sustainable network of resources.*