



Staff Biographies

Jean Clark, Chief Executive Officer

Jean Clark, RN, BSN, MSN, MBA, brings a 25-year track record of successful leadership in multiple large healthcare organizations and Critical Access Hospitals to her new role as CHOICE Regional Health Network and Cascade Pacific Action Alliance (CPAA) Chief Executive Officer. Jean has overseen physician enterprise development, clinical quality including patient experience and staff engagement, clinical operations, strategic service line development, consolidation of services, recruitment with retention, and state and national health policy development.

Previously, Jean served in three senior leadership roles for Kindred Healthcare, a Fortune 500 company and the leading provider of post-acute healthcare delivery systems in the United States. As Chief Executive Officer at Kindred Hospital Seattle, Jean was responsible for achieving full and seamless integration of the entire clinical enterprise, including quality, patient safety and patient experience initiatives, and population health. As the West Region Senior Director of Clinical Operations, she led 26 Chief Clinical Officers, ensuring regulatory and state licensure compliance. As the Chief Clinical Officer at Kindred Hospital Seattle, Jean led the clinical teams to multiple quality and safety awards. Prior to joining Kindred Healthcare, she was Chief Nursing Officer at Astria Sunnyside Hospital, which included oversight of 6 hospital-owned clinics.

Jean is excited to apply her extensive knowledge of hospital systems to the ongoing regional health improvement work at CHOICE and CPAA. She is passionate about addressing social determinants of health and increasing health equity for our most vulnerable populations. Over the years, Jean has served on a number of boards and councils, including the American Hospital Association and the Washington State Hospital Association. She has traveled extensively and looks forward to the work ahead.

Samantha Tatum, Operations Director

Samantha has been with CHOICE Regional Health Network for the last 2 years. With over 15 years of nonprofit management experience, she has strengthened and implemented systems to support CHOICE programs and staff. Samantha obtained her Bachelor of Science in Business Administration at Columbus State University, Columbus, GA, and most recently received her Master of Science in Nonprofit Management from Northeastern University, Boston, MA.

Jennifer Brackeen, Program Director

Jennifer has worked at CHOICE Regional Health Network for the past 6 years. She has provided oversight and direction to multiple programs while employed with CHOICE, including managing the development of the Cascade Pacific Action Alliance. Jennifer graduated from Texas A&M University, Corpus Christi, where she received a bachelor's degree in Business Administration. Jennifer continues her studies at University of Washington, where she's working towards an Executive Master of Health Administration degree.



Christina Mitchell, Clinical Director

Christina Mitchell provides clinical guidance and oversight to multiple project areas. During her 22 years of service in the U.S. Army, Christina Mitchell held various progressive leadership and clinical positions throughout the United States and around the world. She developed and implemented numerous behavioral health and quality assurance programs including behavioral health data platforms, integrated care, embedded behavioral health, and standardized cognitive assessments for deploying service members. She trained foreign countries on United Nations medical missions, both in the United States and abroad. Christina holds a Master of Science in Human Services, specializing in Healthcare Administration. She is certified in several interventions including suicide prevention and risk reduction, and is a sexual assault prevention coordinator. Christina truly understands practice transformation while remaining focused on patient safety and satisfaction.

Christine Haywood, Operations Manager

Chris has worked in healthcare for over 20 years, and most of that time has been in the non-profit sector. Chris is a licensed nurse and holds a Bachelor of Arts in Human Resource Management from Trinity University, San Antonio, Texas. She brings experience from both the clinical and administrative sides of healthcare. She has led an Innovation Program for a fortune 500 company, designed and implemented numerous programs for multiple organizations, and held a number of leadership positions. Her passion for quality and high performing teams, along with her Lean-Six Sigma certification, lends well to her position with CHOICE as the Operations Manager. Chris is the Chair for the Tacoma YMCA Advisory Board and has received multiple awards as a United Way Campaign Chairman. When not working, Chris enjoys spending time with her family and her 3 rescued Pit Bulls.

Michael O'Neill, Program Manager (Care Coordination)

Michael has worked in Public Health for the past five years, developing multiple cross-sector projects to improve population health and wellbeing. He has presented at multiple state-wide conferences, discussing his work, and he is a certified trainer on how toxic stress impacts individuals and communities. Michael is the Board Chair of Cowlitz Community Network. Michael has a bachelor's degree from the Evergreen State College and has completed core coursework towards a Master of Public Administration.

Sara Rainer, Program Manager (Opioid Response)

Sara Rainer holds a master's in Public Health from the University of New Hampshire. Prior to joining CHOICE Regional Health Network, Sara's work focused on inclusive public health. In her former role at the Institute on Disability, Sara managed an initiative to improve health outcomes among people with mobility limitations and intellectual disabilities through the adaptation and implementation of evidence-based strategies. She also coordinated a grassroots community engagement research project to improve opportunities for individuals with disabilities to participate in the community. Sara's commitment to community health is grounded in the belief that everyone deserves an equal opportunity to lead a healthy, safe, and fulfilling life.



Ivan Rodriguez, Data Analytics & IT Manger

Ivan Rodriguez has worked for CHOICE Regional Health Network for over 15 years. He is currently the IT and Data Analytics Manager. Born and raised in Bogotá, Colombia, Ivan holds a degree in Veterinary Medicine from Universidad Nacional, and he did his doctoral work at Universidad Complutense in Madrid, Spain. Ivan sits on the Board of Directors of the Hispanic Roundtable of Thurston County.

Kyle Roesler, Program Manager (Bi-Directional Integration of Care)

Kyle graduated from the Colorado School of Public Health, where he obtained his master's in Public Health. Over the past several years, Kyle has worked and volunteered for public and non-profit organizations that focused on improving health for underserved populations. Most recently, Kyle managed a health services program for people living with HIV/AIDS. Kyle is the Bi-Directional Care Integration Program Manager for CHOICE and looks forward to the important work ahead!

Caroline Sedano, Programs Manager (Reproductive/Maternal & Child Health and Oral Health)

Caroline graduated from Columbia University's School of Public Health, where she focused on community health programs and women's health issues. Prior to obtaining her master's in public health, Caroline worked as a community health educator at the Shoalwater Bay Tribe in Washington State and served as a County Officer for the CDC's global HIV/AIDS program in Atlanta, GA. Caroline received her bachelor's degree from Brown University, where she focused on television and film studies. She still loves going to the movies, as well as hiking and practicing yoga.

Matthew Shellhart, Program Manager (Youth Marijuana Prevention and Education)

Matthew Shellhart has been the YMPEP Manger for three years. He graduated from Kaplan University with a bachelor's in Business Administration with an emphasis in Marketing. Prior to CHOICE, Matt worked in the grocery business for over eight years. When not working, he enjoys spending quality time with his wife and their children.

Alexandra Toney, Programs Manager (Transitional Care and Chronic Disease Prevention and Control)

Alexandra graduated from Gonzaga University, where she obtained a master's in Education with a concentration in Functional Data Analysis. She brings 5 years of clinical healthcare experience, with 3 years of that experience within behavioral health. Most recently, Alexandra worked as a Licensed Behavior Analyst, where she contracted with school districts and government agencies to develop systems to support the development of historically disadvantaged students and families.



Evan Clayton, IT Systems Administrator

Evan is the IT Administrator with CHOICE Regional Health Network. Evan served six years in the United States Army as a Field Artillery Tactical Data System Specialist. In that role, Evan focused mainly on database construction, configuring IP addresses to connect to systems on several networks, and troubleshooting network and radio communications across multiple systems. Shortly after completing his service, Evan attended the Microsoft Software and Systems Academy, where he studied Server and Cloud Administration. After graduating with a computer science certification, Evan is continuing his studies pursuing his bachelor's degree in Information Technology.

Rene' Hilderbrand, Tribal Liaison

Rene' Hilderbrand (Colville Tribe) is committed to working towards health equity by building partnerships with Tribes, consumers, and community organizations to address health disparities and the social determinants of health. During her 20 years of service with various Tribal entities and non-profits, Rene' held various leadership positions throughout the United States. She developed and implemented numerous health, educational, workforce development, and youth programs including two regional tribally designed TANF programs among many HHS, DOL, DOI, DOE, and HUD projects.

Carol Palay, Communications Manager

Carol Palay is the Communications Specialist at CHOICE Regional Health Network. She holds master's degrees in English Literature and Fiction Writing. Prior to moving to Washington and working for CHOICE, she volunteered extensively in Louisiana with her certified therapy dog.

Olivia Reed, Pathways Referral Coordinator

Olivia Reed is the Pathways Referral Coordinator at CHOICE Regional Health Network. She graduated from Whitworth University in Spokane and earned her master's degree at Eastern Washington University. Before working at CHOICE, Olivia was involved in local government for the City of Cheney, the City of Lacey, and the Washington State Department of Enterprise Services. In her free time, Olivia enjoys being outdoors hiking, kayaking, skiing, and camping with her husband.

Abigail Schroff, Program Support Specialist

Abby Schroff is a Program Support Specialist at CHOICE Regional Health Network. She graduated from Western Washington University with a Bachelor of Science in Community Health and Sociology. For the last three years, Abby has worked for non-profits that focus on child and family health in underserved populations. Most Recently, Abby worked for Girls on the Run, which empowers young girls to be happy, healthy, and confident.



Amber Shirk, Community and Outreach Coordinator

Amber Shirk is the Community and Outreach Coordinator at CHOICE Regional Health Network. She double majored in psychology and criminal justice at University of Washington, where she also earned her master's in Public Policy. She is passionate about developing civic community through community outreach, social justice, community cohesion, and civic engagement. Amber is a highly conscientious and seasoned community volunteer with an excellent community service record. Prior to coming to CHOICE, Amber worked as an experienced substitute teacher with the Tacoma School District and demonstrated a long history of working in the education management industry.

Megan Szabla, Executive Assistant

Megan Szabla is the Executive Assistant at CHOICE Regional Health Network. She graduated from Austin Peay State University with a Bachelor's of Science in Corporate Communications with minors in Marketing and Geography. Before working at CHOICE, Megan was the Executive Assistant and Marketing Coordinator for Mililani Memorial Park & Mortuary in Oahu, HI. She is a regular volunteer for the Make a Wish Foundation. Outside of work, Megan enjoys being outdoors with her dog and husband.

Madison Tanbara, Program Support Specialist

Madi Tanbara serves as Program Support Specialist at CHOICE Regional Health Network. Madi graduated from Whitworth University with a Bachelor of Arts in Community Health and minors in Psychology and Sociology. She interned at West Central WIC while in college and volunteered at a local shelter to address food insecurity in the community. Before coming to CHOICE, Madi worked as an assessment worker for the Energy Assistance Program at Metropolitan Development Council, a non-profit in downtown Tacoma. Outside of work, she loves the outdoors and spending time with her two dogs.

Randolph Thomas, Data Analyst

Before Randy came to CHOICE Regional Health Network, he was a certified dental assistant for 10 years and spent 5 years serving in the U.S. Army as a Dental Specialist. He graduated from Pierce College in 2017 with an associate degree in Database Management and an associate degree in Design and Application Development. Randy is working on his bachelor's in Business Analytics.