



# CPAA Consumer Advisory Committee Meeting

## Meeting Summary, 09/11/2018

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**Support and Backbone Staff:** Rene' Hilderbrand – *CHOICE*, Madi Tanbara – *CHOICE*,

**In Attendance:** Doug Levitt – *Pacific County & Great Rivers*, Heather Ristow – *Thurston County*, Gary Sweet – *Thurston County*, Erin Oly – *Thurston County*, Michelle Richburg – *Thurston County*, Kurt Hoines-Brumback – *Thurston County*, Nataly Renteria – *Amerigroup*

### I. Welcome, Introductions, Review of Meeting Objectives

Rene' welcomed the group and opened the meeting with a brief overview of the objectives, which included: CPAA updates, guest speaker from Amerigroup, stipend discussion, and discussion Items.

### II. CPAA Updates

Rene' transitioned to the first item, which was providing the group with CPAA updates. Rene' showed the MTP Implementation Partner list broken down by county and selected project area.

- There were 44 partners selected, in addition to 7 tribes.
- A wide variety of partner organizations were selected, including community-based organizations, mental health clinics, public health departments, and hospitals.
- Rene' stated that a copy of the partner list would be sent out to CAC members, as well as a key of the different program codes and list of partners that were not selected.
- Tribal update: there was recently a Tribal Health Director meeting at Nisqually Red Wind Casino.
- Tribes are participating in opioid response, bi-directional integration of care, and Pathways.
- Nisqually and Chehalis are participating in opioid response, allowing needle exchange on borders, not on reservations.
- Advocacy training: look at a different speaker or Vic, consider holding 2 separate sessions in November and December, and have these trainings as a group at CAC meetings.
- Consumers emphasized the need for transparency as the MTP is implemented, include their feedback once projects are rolled out, and possibly bring in partners to speak at CAC meetings.

### III. Guest Speaker: Amerigroup

Nataly Renteria, Community Relations Representative from Amerigroup, provided an overview of the organization and what benefits members may be eligible to receive.

- Amerigroup is one of five health plans under WA Apple Health
- Centered on whole-person care, address social determinants of health
- Member benefits: No-cost eyeglasses, GED test payments, acupuncture, no-cost Boys & Girls club membership, and no-cost sports physicals

- Benefits for pregnant members: circumcision, Taking Care of Baby and Me (educational program), and an electric breast pump.
- Other benefits for members include online mental health tools, incentives for healthy behaviors, support for healthy families, and an Amerigroup mobile app.
- \$150/year towards traditional healing methods for members who are Native American.
- Amerigroup Washington: Strive for social responsibility, building partnerships, and supporting organizations that promote health in the community.
- Amerigroup Foundation awards grants to non-profits that focus on public health.

Questions and points of discussion regarding the Amerigroup presentation included:

- All benefits discussed in the presentation are available now.
- Consumers expressed interest in a visual spreadsheet to compare health services instead of having to reach out to individual provider, similar to foldout brochure shared with the group for King County (Apple Health Managed Care Plans at a Glance).

#### IV. Stipend Discussion

Rene' facilitated discussion among CAC members regarding the possibility of a stipend increase. Members agreed that the current \$45 stipend is not enough to cover the time and resources required to attend meetings consistently, and that the elected chair/co-chair should receive an additional stipend for increased responsibilities. Rene' stated that if CAC members receive \$600 or more, a 1099 must be completed and filed for taxing purposes. Members who do not want a stipend increase can let Rene' know and remain at \$45. The consumers worked together to draft a proposal to justify a stipend increase to the CPAA Board. The following points were covered:

- The Consumer Advisory Committee has been meeting for almost a full year, and it has become an established group with the potential for advocacy and education.
- Have to account for personal resources, commitment, and intangible costs associated with attending meetings.
- Time (travel and attendance), childcare expenses, taking personal time off from work; account for individuals who are self-employed and unable to schedule projects during meeting times.
- Increased payment would provide incentive to do research outside of group on subject matters pertaining to current issues, outreach, and meaningful contribution to discussion.
- Provide tools for empowerment so consumers can advocate for topics such as health equity in the greater community.
- Additional funding would ensure that the consumers can remain a long-standing group.
- Encourage recruitment of more committee members, increase diversity of representation
- Proposal: Increase to \$100 stipend for members plus mileage, not including separate chair/co-chair compensation
- Additional \$250 compensation for chair/co-chair due to increased responsibility to the committee, reviewing meeting summaries, also more participation in other meetings or functions on behalf of the CAC, including council and board meetings, time spent preparing and assisting with these events.
- Negotiate for both increases, but if compromise is necessary, prioritize chair/co-chair increases.



- Consumers would like to clarify the long-term vision of the group, and what their role is to the group and CPAA projects.

## **V. Discussion Items**

Rene' transitioned the meeting into an open discussion about additional topics concerning the committee. The following points were discussed amongst attendees:

- Consumers expressed that they had difficulty getting to the meeting location due to ongoing construction and traffic.
- More heads up about the location and any travel information that consumers should be aware of beforehand, and make sure meeting location is up-to-date on calendar.
- Find future CAC meeting location in Aberdeen, if not Centralia.
- The group agreed to have the next meeting on October 4<sup>th</sup> in Centralia at Cascade Mental Health to watch the webinar with the State of Washington. It will be a public forum talking about Medicaid transformation. The CAC will all listen together and have the opportunity to ask questions, as well as have a group discussion following the webinar.