



## Maternal and Child Health (ACEs) Work Group

### Meeting Summary, December 4<sup>th</sup>, 2018

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**Support and Backbone Staff:** Caroline Sedano – *CHOICE*, Madi Tanbara – *CHOICE*, Abby Schroff – *CHOICE*

**In Attendance:** Erin Wick – *ESD-113*, Monica Anney – *YWCA*, Katie Strozyk – *Lewis County Public Health*, Julie Nye – *Child and Adolescent Clinic*, Karla Cain – *ANSWERS Counseling*, Lauren Farmer – *BHR*, Lesli Scharbrough – *Molina Healthcare*, Sandy Lennon – *WA School-Based Health Alliance*, Alyssa Pyke – *WA School-Based Health Alliance*, Renee Smith – *Summit Pacific Medical Center*

### I. Welcome, Introductions, CPAA Updates

Caroline welcomed the group, facilitated introductions, and reviewed meeting objectives:

- CPAA Updates
- School-Based Health Centers in Washington State: Sandy Lennon
- 2019 Workgroup Planning
- Next Steps & Closing

#### CPAA Updates

- New CEO, Jean Clark, will be starting her position December 10<sup>th</sup>, and will be attending the December CPAA Council Meeting as well as future workgroup meetings.
- CPAA has two open positions: Community Outreach Coordinator and Pathways Referral Coordinator, both listed on Indeed.com
- December 14<sup>th</sup> – Formal Change Plan approval, which will initiate reporting payment, dispensed before the end of 2018.
- CPAA released a RFP for Local Forums to receive additional funding for hosting regular meetings.
  - RFP open through Jan. 11<sup>th</sup>, Q&A webinar December 14<sup>th</sup>, 2019.
  - Please visit [www.cpaawa.org/cpaaw-news/](http://www.cpaawa.org/cpaaw-news/) for more information on upcoming events.
- “Pathways” has transitioned to “Community CarePort” to better capture the vision and work of the project. For more information, please contact Michael O’Neill ([OneillM@crhn.org](mailto:OneillM@crhn.org)).

#### RMCH Updates:

- OKQ Training tentatively planned for the beginning of 2019.
  - Day long, in-person, open to CPAA partners and the broader community.
- Oral Health Connections starting in 2019, provides enhanced reimbursements for certified dentists who see pregnant patients. Contact Caroline ([SedanoC@crhn.org](mailto:SedanoC@crhn.org)) for more info.

### II. School-Based Health Centers in Washington State: Sandy Lennon

Guest speaker Sandy Lennon, Program Manager at the Washington School-Based Health Alliance, presented a comprehensive overview of school-based health centers (SBHCs) and their significance in improving health outcomes. Alyssa Pyke, Board Member at the Washington School-Based Health Alliance, also shared her experiences working with SBHCs.



- SBHCs provide easier access to healthcare, which means concerns can be identified sooner and transportation barriers are reduced.
- These centers work closely with school counselors, nurses, and teachers to provide whole-person care.
- Benefits of SBHCs include engaging parents in their child's care, improving health literacy, and providing services in a culturally competent manner.
- SBHCs can connect the entire family to healthcare resources, including coordinating referrals.
- SBHCs provide students & parents with critical documents, such as an informational packet, consent forms, and after visit summaries.
- Elementary-level SBHCs mainly focus on well-child checks and immunizations, with a focus on prevention.

### **Q&A Discussion**

- For students that receive services at SBHCs, is it their primary means of care, or do SBHCs tend to supplement care received by other providers?
  - It depends on the community and the school's population, NeighborCare often works in low-income schools, where many students do not have a PCP.
  - Some parents are unable to take time off of work for appointments, so the SBHC becomes the student's primary means of care.
  - SBHCs collaborate care with PCPs if a student is being seen outside of the clinic.
  - SBHCs strive to connect kids with a PCP if they do not have one, especially during the summer months. Another factor is whether providers in the area accept Medicaid.
- Is video chatting with parents well utilized by SBHCs?  
What context is this tool used (consent, administering services, etc.)?
  - Video chatting is most commonly used at the elementary school level to ease the child's fears at their appointment. In middle and high school, this tool is helpful for contacting parents and providing visit information.
- Are reproductive health and family planning services provided at SBHCs?
  - Reproductive health has been integrated into SBHCs, and it is one of the top reasons for visits at the high school level, with counseling services beginning in middle school.
  - NeighborCare provides a variety of contraceptives, available at most PCPs.
  - Some high schools have a part-time health educator, who works on-site to meet individually with student and counsel on topics such as healthy relationships, reproductive health options, and readiness to become sexually active.
  - Based on information from Washington State SBHCs, the number of women receiving LARCs as a proactive measure has increased, and more women are taking this step prior to changes in circumstance (i.e., leaving for college).



- How can SBHCs effectively communicate their services to the school and greater community? In what ways can CPAA support this effort in the region?
  - For the implementation of SBHCs on Vashon Island, there was ongoing conversation with school staff & administrators about SBHC's services, mutual benefits of partnering, and ensuring the partnership would be a good fit.
  - Once an agreement is reached, engage the community (parents, students, partner organizations). Make sure healthcare providers are on board as well to establish a collaborative relationship.
  - Provide education on the cost and accessibility of SBHCs, outreach through school fairs, e-mail lists, and other community platforms.
  - Develop an FAQ form to distribute, have SBHC staff present at school events, speak in classrooms, include health center in tours at the beginning of the year to familiarize students and families with the SBHC team & services.
  - Possible opportunities for collaboration with youth advisory boards.
- **Action:** List of SBHCs in Washington State and one-pager of SBHC definitions & FAQs will be sent out to the workgroup with the meeting summary.

### III. 2019 Workgroup Planning

Caroline reviewed feedback from the previous ACEs meeting, facilitated brainstorming topics for future meetings, and discussed the workgroup structure.

- Include OKQ best practices and implementation strategies in ACEs workgroup topics for 2019.
- Continue to build partnerships and integrate peer learning into workgroups.
- Universal ACEs screening is not always utilized because it is an addition to already numerous patient screenings.
- Also, providers have found the ACEs screening questions are already being asked in different forms throughout the patient assessment.
- Partners expressed a lack of resources to engage patients in post-screening follow-up and referrals.
  - ACEs training will provide comprehensive resource maps & effective tools for partner organizations to utilize.
- **Action:** Caroline to follow-up with the YWCA for community resources.

### IV. Next Steps & Closing

- The next ACEs Workgroup meeting will be January 29<sup>th</sup>, 2019 from 1:30-3:00 pm at Fairfield Inn & Suites, 6223 197<sup>th</sup> Way Southwest, Rochester, WA 98579.
- Submit any requests for workgroup topics or collaborations to Caroline Sedano ([SedanoC@crhn.org](mailto:SedanoC@crhn.org)).