



CPAA Council Meeting Summary: April 12, 2018

I. Welcome and Introductions

The April 12, 2018, Cascade Pacific Action Alliance Council Meeting was held at the Great Wolf Lodge in Grand Mound with more than 25 people in attendance. Executive Director Winfried Danke invited the council and guests to introduce themselves, and then he provided an overview of the meeting's proposed agenda items.

II. Announcements

Winfried announced that Amerigroup is providing \$20,000 in seed funding to the CPAA Regional Wellness Fund. This fund is a potential vehicle to channel resources to programs addressing the social determinants of health in the region. CHOICE management has also hired a new Oral Health/ACEs Program Manager who will start on May 7th. Winfried then introduced Rene Hildebrand, CHOICE's new Community and Tribal Liaison.

III. Update on Work Groups and Advisory Committees

At the most recent Clinical Provider Advisory Committee meeting, members reviewed the Bi-Directional logic model, explored the AIMS Center training opportunities, and explored provider reporting needs and possible data platforms. The next meeting will be held on May 22nd. The Consumer Advisory Committee met earlier this week, and Dr. Meyers provided a presentation about oral health. At the next meeting, the group will discuss more about Bi-Directional Integration. The ACEs workgroup did not meet this month. The Pathways workgroup met and worked on creating a planning team to begin implementation of the HUB model. The Opioid Response Workgroup focused their discussion on the incarcerated population and MAT (medically-assisted treatment).

IV. Health Transformation Process

Winfried introduced this item by reviewing the CPAA's vision with the Council:

- Regional Health Improvement Plan Meta Goals:
 - Improve Health
 - Whole Person Care
 - Smarter Spending

- Shared Regional Health Priorities:
 - Improve Healthcare Access
 - Improve Care Coordination & Integration
 - Prevent & Manage Chronic Diseases
 - Mitigate Adverse Childhood Experiences
 - Enhance Economic & Education Opportunities

He then introduced the concept of Centers of Excellence. This is a potential solution to address the issue of limited funding coming into the region through the Medicaid Transformation. There will likely be more organizations applying for funding than the CPAA will be able to fund. This model



could potentially reduce fund dilution, as well as facilitate partnership between various sectors, and allow for the development of more sustainable models with potential to last beyond the Transformation.

The following is a general definition for a Center of Excellence:

“A cluster of independent organizations that agree to work together across community sectors in a given location to advance health system transformation. The CoE provides leadership, support, and guidance to help its partners implement best practices and work standards to improve population health.”

Winfried asked the Council to consider this concept and provide feedback and questions. The Council agreed that the concept is worth exploring, but had a few concerns and would like more information before any decisions are made.

Winfried reviewed the CPAA Transformation Timeline for the rest of calendar year 2018, and then explained the draft RFP process for selecting partnering providers. He reviewed five proposed criteria:

- Sustainability
- Shared Learning
- Performance to Date
- Partnerships
- Number of Projects

He asked the Council if they agree with these criteria, and if there is anything else that should be included. A few ideas were proposed, including:

- Strength of the proposal/design
- Equity
- Number of people served

Staff will bring these to the board and continue the discussion.

Winfried then provided an overview of the proposed MTP year one funds flow, which has been drafted by the CPAA Finance Committee.

The following are the MTP funding principles used to guide this process:

- Support sustainability of the project



- Improve health equity/reduce health disparities
- Address social determinants of health to the greatest extent possible
- Provide sufficient incentive for providers (clinical and non-clinical) to participate
- Reward relative contribution to desired outcomes
- Invest in rural and urban areas
- Invest in all seven counties
- Reward truly transformative efforts over marginal improvements
- Establish a regional Wellness Fund (Innovation Fund) to support investments in key health improvement areas

Winfried shared the proposed methodology, including objectives and opportunities, for the first round of funding, as well as the upcoming pay for reporting and pay for performance payment triggers. The Finance Committee will continue to meet and refine this model for eventual board approval.

V. Social Determinants of Health Strategy Development

Jennifer Brackeen introduced the topic of which is focused on youth-based projects. By gaining a better understanding of these projects already in place, the hope is that the Council may be able to identify ways to integrate them into Medicaid Transformation work. These programs already fit in with the CPAA's Regional Health Improvement Plan goals and shared regional health priorities. The three programs that will be discussed today are: Youth Marijuana and Prevention and Education Program (YMPEP), Reproductive/Maternal and Child Health (ACEs), and the Youth Behavioral Health Care Coordination Pilot (YBHCP).

Matt Shellhart, YMPEP program manager, provided an overview of this program. He shared the mission statement, target populations, outcomes of the program in the region, and the following next steps for the program:

- The recently submitted Strategic Plan is expected to be approved by April 30th
- Cultural Competency/Humility Training is scheduled for 5/31-6/1 and 7/28
- The program recently received a grant of \$20,000 from the WA State Traffic Safety Commission
- Implementation of selected strategies will begin on 7/1

Jennifer then shared the draft logic model that was recently developed by the ACEs workgroup for the Reproductive/Maternal & Child Health project area. The workgroup will meet again next month to continue refining this model.

Kyle Roesler, Bi-Directional Integration and YBHP program manager, provided an overview of the pilot project. The goal of this project is to "Identify children with behavioral health challenges as early as possible in both education and health care settings, and connect at risk children with



community-based interventions and treatment services.” This pilot project aligns well with CPAA’s mission, as well as the Medicaid Transformation Project Bi-Directional Integration project area.

He shared some of the challenges and successes of the program, the results of an independent review of the pilot by CCHE (Center for Community Health and Education). Out of the four school locations, 131 students received behavioral health services, and there were 21 completed referrals to other services.

He asked meeting participants to break into small groups, and discuss the following questions:

- Where does the Youth Behavioral Health Coordination Project go from here?
- Which ideas listed above are the strongest? (reference Youth Projects Map)
- What additional ideas do you have?
- Should we apply for another Cambia grant? If yes, what for?
- What future funding opportunities exist?

The small groups shared the following ideas:

- Ensure connection with primary care providers & MCOs
- Increase number of BH specialists
- Consider how to transition past BHO funding
- HCA: School-based health services
- Need a solution for the high cost per participant
- Consider the complexity of the school as a centralized place to receive services
- Expand to more schools & mental health advocacy
- Work with teachers to increase MH awareness
- Provide training for Community Health Advocates
- Potential for Medicaid billing through CoCM in schools
- Expanding programs must be evaluated
- Consider HHS Family Navigator Model
- Running 9-month program is difficult – need a better plan for summers
- Coordinate with school based health center
- Increase funding for Healthy Students, Promising Futures

Kyle will take these ideas to future YBHP meetings for consideration.

VI. Next Steps:

- Next Council Meeting:
 - Date: Thursday, May 10, 2018, 12:00 pm - 3:00 pm
 - Location: Wahkiakum County, WA