



BI-DIRECTIONAL CARE INTEGRATION WORK GROUP

KYLE ROESLER, PROGRAM MANAGER

MAY 29, 2018

Welcome and Introduction

Introduce yourself: Name and Organization

WELCOME

Agenda

- ✓ Mention pre-meeting updates
- ✓ Terri Gushee, Senior Director of Population Health
- ✓ Implementation planning
- ✓ Next Steps

Mason General Hospital and Family of Clinics

Our Mental Health & Wellness Journey



WHAT DOES OUR COUNTY HEALTH LOOK LIKE...?

Overall Rank 28/39

Length of Life 32 /39

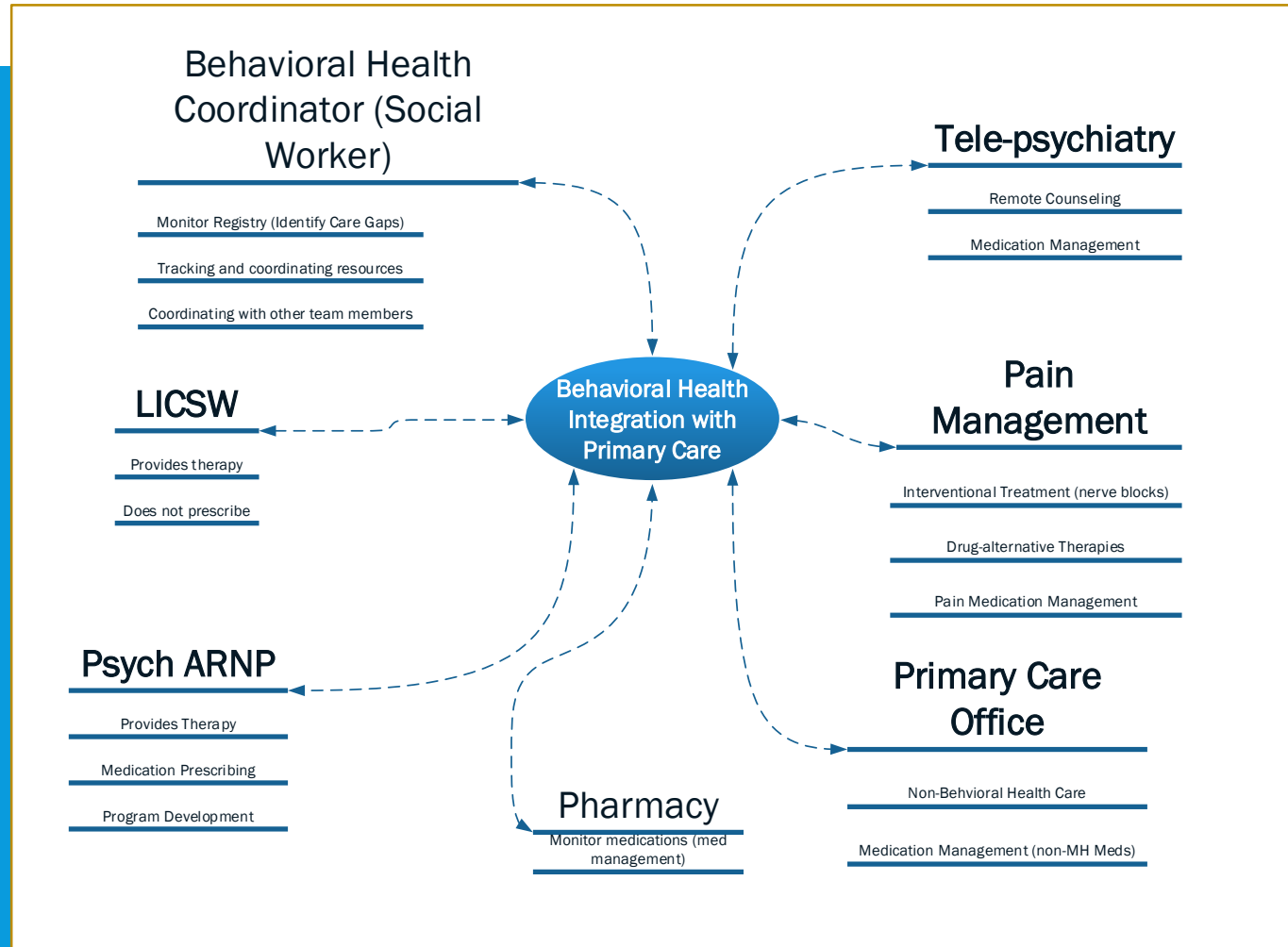
Quality of Life 24 /39

Health Factors 37 /39

Health Behaviors 31 /39

- Teen births 36, WA 21
- Adult smoking 16%, WA 14%
- Obesity 31%, WA 27%
- Access to exercise opportunities 61%, WA 88%
- Drug overdose deaths 20, WA 15

BEHAVIORAL HEALTH INTEGRATION VISION



OUR JOURNEY STARTS 2015

First Behavior health Therapists, (LICSW's) – Covering four Primary Care Practices & Women's health

Addition of (LMHC) – Covering Pediatric patients

- Provide Psychotherapy Counseling – grief counseling, adjusting to new illnesses, teach coping skills, work with patients who have depression, anxiety & substance use disorders, teach DBT, CBT
- Preventive Care – Screening patients for depression & anxiety
- Part of multi-disciplinary team
- Create access to primary care team!

JOURNEY CONTINUES - TELE PSYCHIATRY...

Remote Psychotherapy Counseling by a Psychiatric Nurse Practitioner

- Provides Psychopharmacology (MH medication management)
- Supportive Therapy
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Participates in multi-disciplinary team
- Creates access to primary care!!

JOURNEY CONTINUES - PAIN MANAGEMENT PROGRAM...

Pain Management Program (2018)

- Interventional Treatment (nerve blocks)
- Drug-alternative Therapies – Rehabilitation Svc's, Nutrition counseling
- Pain Medication Management
- Opioid management (WAPMP)
- Part of multi-disciplinary team
- Creates access to primary care!!!

JOURNEY CONTINUES - FUTURE...

Psychiatric ARNP (2018)

- Provides therapy
- Medication Prescribing
- Program development & oversight
- Part of multidisciplinary team
- Creates access to primary care!!!!

JOURNEY CONTINUES – FUTURE...

Behavioral Health Coordinator -Social Worker (2018)

- Initiating assessments & ongoing monitoring of screening tools
- Facilitating & coordinating treatments
- Monitor Registry (identify care gaps)
- Tracking and coordinating of resources
- Part of multi-disciplinary team
- Creates access to primary care!!!!

JOURNEY CONTINUES – FUTURE...

Pharmacy (2018)

- Monitors medications (med management)
- Coordinates refills
- Follows-up on laboratory studies
- Provides consultation
- Part of multi-disciplinary team
- Creates access to primary care!!!!!!

WHAT DOES INTEGRATION LOOK LIKE...

- Medical Services & BH services share the same facility
- One **shared** treatment plan includes both Medical & BH elements
- A team working together to deliver evidence based care
- Use of a database (Cerner HealtheRegistries) to track the care of patients
- The patient experiences the BH treatment as part of his or her regular primary care

HOW DO WE TRANSFORM CARE...

Team based care model with Primary Care & BH

- Evidence based treatment protocols
 - WA PMP integrated into EMR
 - Standardized prescribing practices

Care Coordination using electronic care plans (HealtheCare)

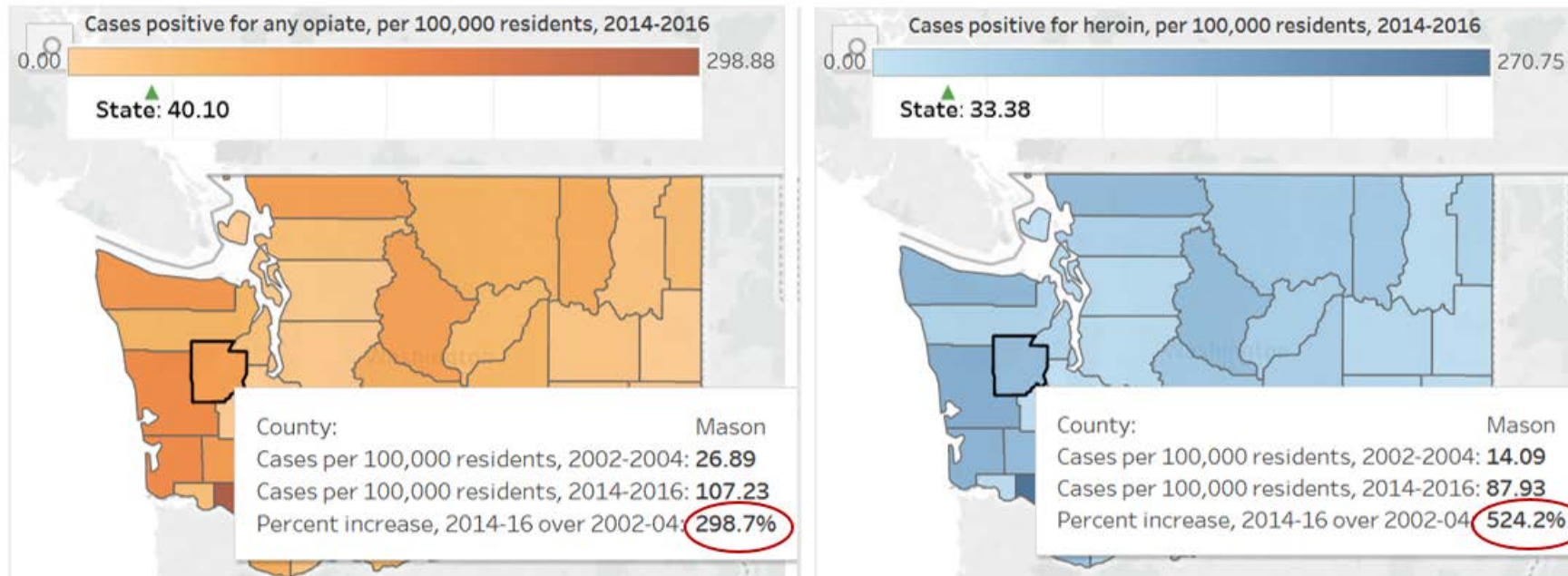
- Patient engagement & education
- Proactive follow- up to monitor treatment response
- Caseload review of patients who are not improving
- Facilitation & coordination with community based agencies

OPIOID MISUSE: MASON COUNTY

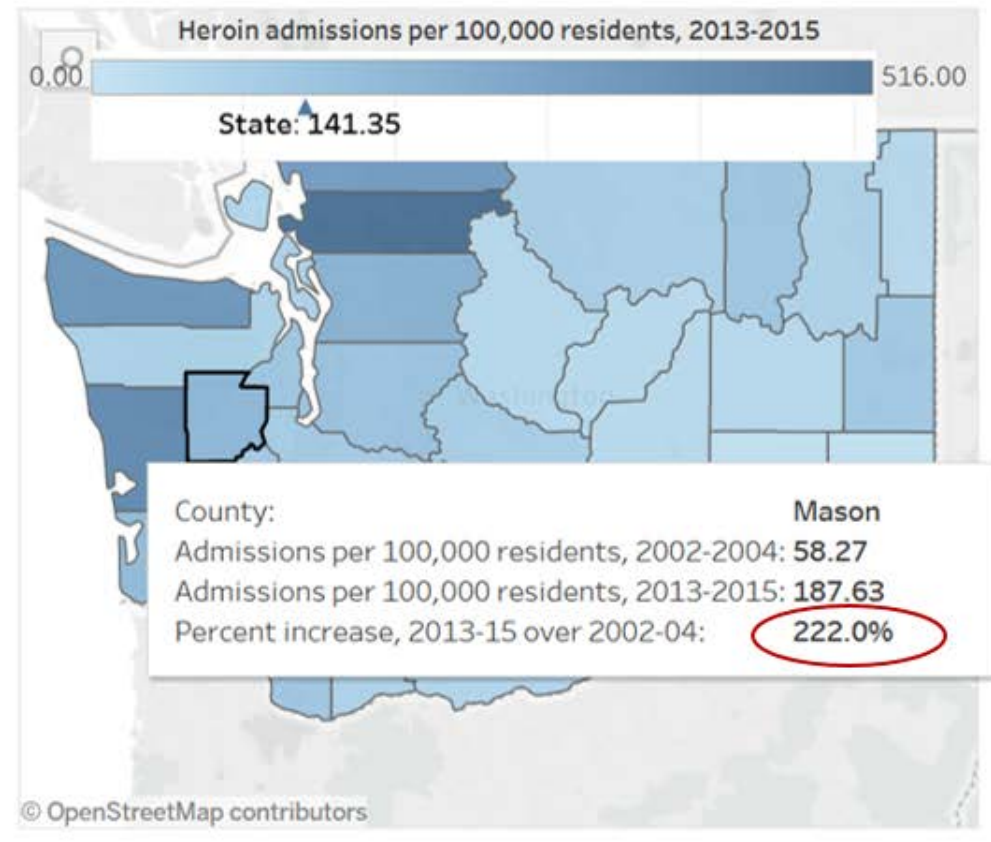
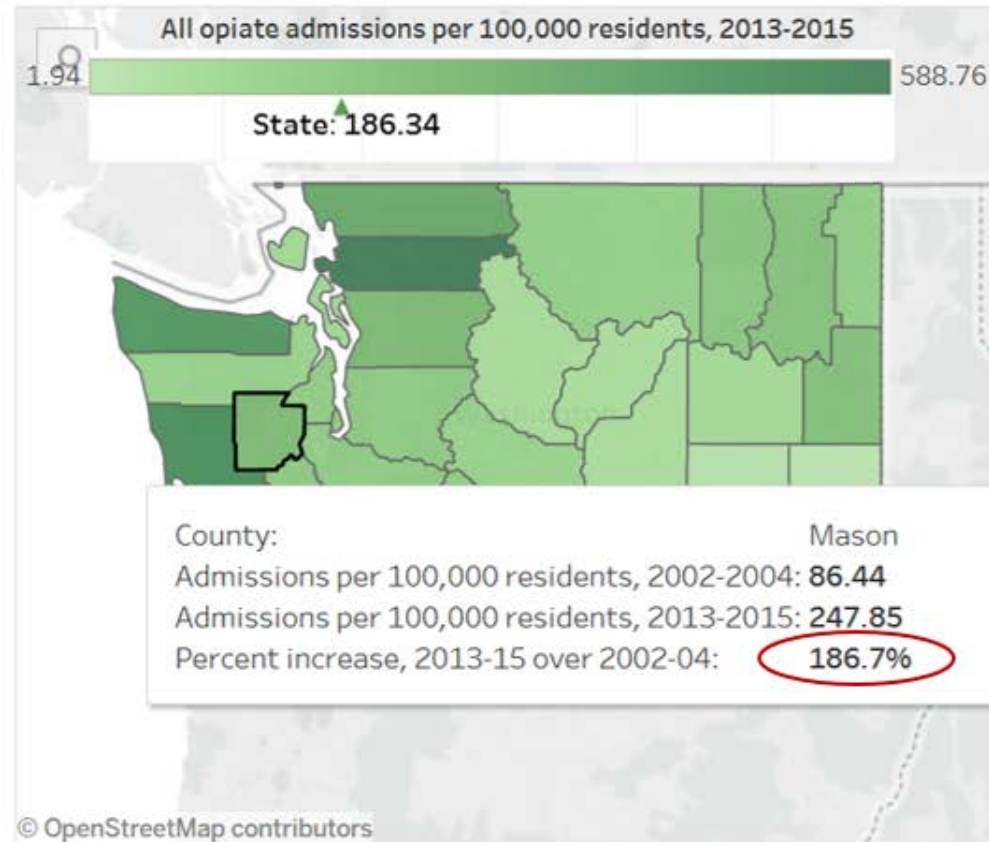
- Approximately 1 in 5 adults gets at least one opioid Rx each year
- Approximately 2-4% of adults use opioids chronically
- Approximately 10% of adolescents get an opioid Rx each year
 - Peak ages of first misusing Rx opioids is 14 years old

OPIATE MISUSE: MASON COUNTY

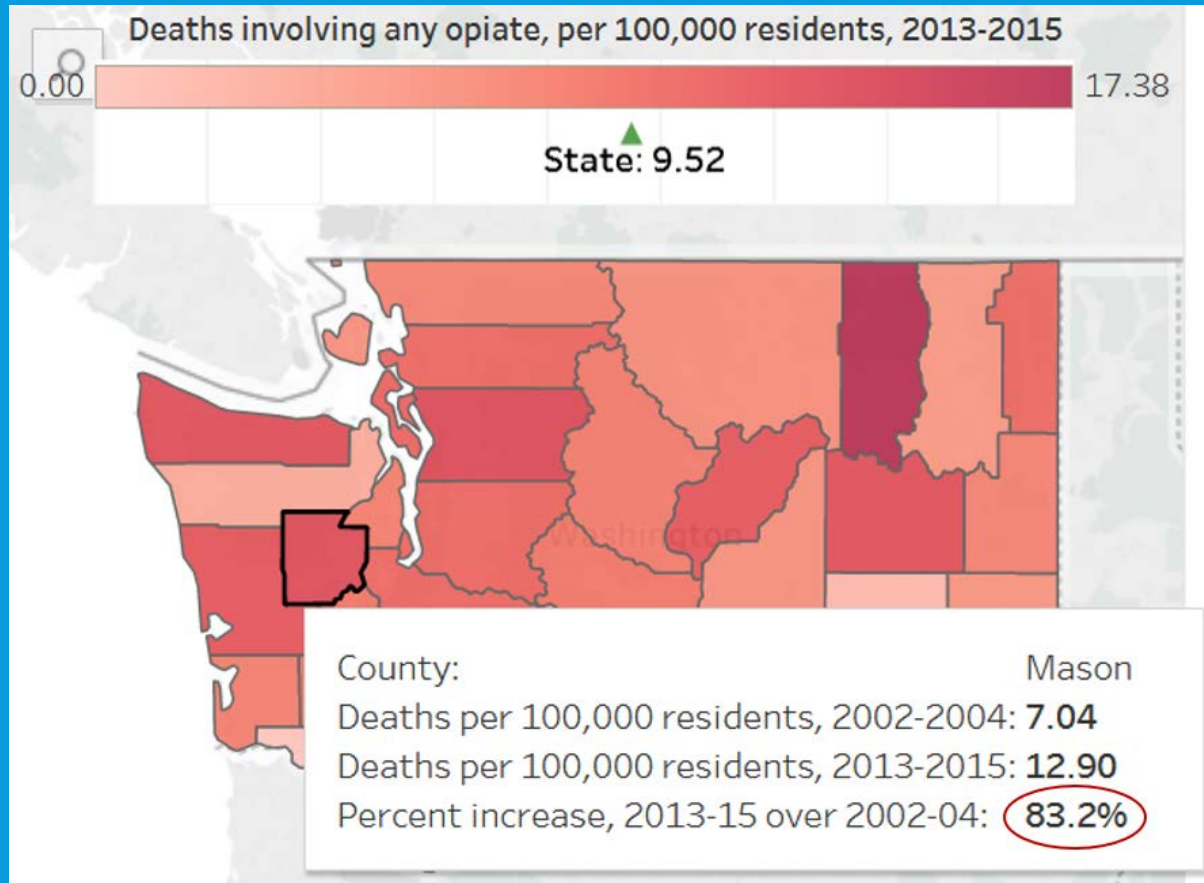
Police evidence testing by WA State Patrol Lab



DRUG TREATMENT ADMISSIONS, PUBLICLY FUNDED



OPIATE MISUSE: MASON COUNTY



OPIOID RESPONSE PLAN: TREATMENT GOALS

Partnering with our community

- Outreach & Education: Develop community campaign & build trust in those who use
- Coordinated Access to Resources: Standardized policies & practices for focused approach
- Data Collection: Document gaps, barriers & strengths

PARTNERING WITH OUR COMMUNITY

- Mason County Community Coalition
 - BHR/BHO
 - Consejo – Substance use disorder - outpatient program
 - Northwest resources
 - Mason County Health Department- Opioid abuse prevention/treatment

CHALLENGES TO OVERCOME

- Psychiatric resources are scarce
- Primary care resources are scarce
 - BHI improves recruitment
 - BHI improves access
 - BHI improves patient engagement
- Treatment for Opioid Use Disorders
- Privacy concerns limit access to patient records across domains
- Payment and parity issues

Discussion

- What did this presentation bring up for you in your own counties and at your own organizations?
- What steps are you currently taking to implement integrated care?

Implementation Plan

1. What are the ACH's project implementation expectations for its partnering providers?
2. What are the key indicators used by the ACH to measure implementation progress by partnering providers?
 - Patient-centered team care
 - Population-based care
 - Measurement-based treatment to target
 - Evidence-based care
 - Accountable care

Summary and Next Steps

- Next steps
 - RFP available May 30
 - Continue to build out key indicators
 - Upcoming AIMS Center events
 - What else would you like covered in the work group meetings?