

Bi-Directional Care Integration

Project Purpose

Bi-Directional Care Integration focuses on **delivering whole-person care, addressing physical and behavior health in an integrated system** where medical and behavioral health providers work together to coordinate and deliver care. Moving into an integrated system means closing the gap between primary care and behavioral health services and implementing Collaborative Care principles, including patient-centered team care, population-based care, measurement-based treatment to target, evidence-based care, and accountable care.

CPAA's Evidence-Based Approaches

The Medicaid Transformation is built on implementing evidence-based approaches in each project area. CPAA is focused on working with partners to create or further develop integrated care programs, both in primary care and behavioral health settings. With partners at different readiness levels, we are stressing the importance of flexibility in planning when implementing collaborative care principles.

Implement Core Principles of Collaborative Care				
Patient-centered team care	Population-based care	Measurement-based treatment to target	Evidence-based care	Accountable care

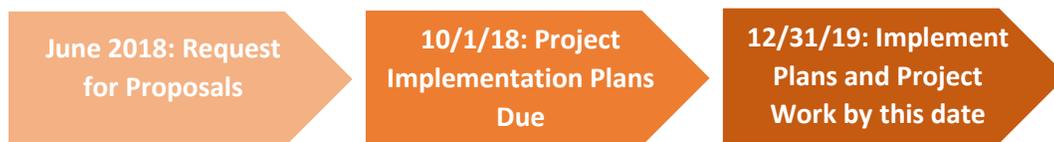
Visit these links to learn more about evidence-based approaches for this project:

Collaborative Care Model: <https://aims.uw.edu/collaborative-care>

Bree Collaborative BHI Recommendations: <http://www.breecollaborative.org/wp-content/uploads/Behavioral-Health-Integration-Draft-Recommendations-2017-01.pdf>

Milbank Report (Integrating Primary Care into Behavioral Health Setting): <https://www.milbank.org/wp-content/files/documents/papers/Integrating-Primary-Care-Report.pdf>

Key Dates for CPAA and Partnering Organizations



How Does the Transformation Benefit Partnering Providers?

- Earn money by implementing evidence-based approaches
- Improve patient outcomes and satisfaction
- Access to technical assistance and workforce training
- Assistance moving towards value-based payment
- Connect with other partners and build relationships
- Add your voice to the conversation

How Does CPAA Operate?

A 19-member **Board of Directors** receives input from:

- **CPAA Council**
- Project **Work Groups**
- **Support Team** to ensure projects and strategies align
- **Finance Committee** to ensure transparency and ongoing stewardship
- **Consumer Advisory Committee** with community members and Medicaid beneficiaries to apply a health equity lens and balance clinical considerations
- **Clinical Provider Committee** with different provider types to ensure clinical oversight and assess project feasibility

Support Organization

CHOICE Regional Health Network is a nonprofit collaborative founded in 1995 with the mission to improve community health in Central Western Washington through collective planning and action of health care leaders. CHOICE serves as the administrative support organization for CPAA and provides logistical, administrative, and financial management services. For more information, visit crhn.org.

CHOICE
Regional Health Network